

# UC San Diego (Along with all the UCs) Goes Smoke and Tobacco-Free

On **September 1, 2013**, UC San Diego will go completely smoke and tobacco-free on the main campus and other UC San Diego property and facilities, whether owned or leased.

**Why?** UC President Mark Yudof charged all UC campuses to go smoke and tobacco-free by January 2014 to save lives, improve the environment and contribute positively to the health and well-being of our campus community.

As a leader in healthcare and environmental practices, the University of California is ready to demonstrate leadership in reducing tobacco use and exposure to secondhand smoke by creating a smoke-free environment on all of the UC Campuses.

A 100% smoke-free policy will promote clean air, a healthy environment and healthy behavior choices. It will eliminate butts and other tobacco waste on campus, and prepare students for smoke-free work environments.

Exposure to secondhand smoke is known to cause death and disease and is the third leading cause of preventable death in this country. The U.S. Department of Health and Human Services recently called for smoke and tobacco-free policies at all universities across the United States. UCSD will join more than 1,000 other colleges and universities that are smoke or tobacco-free.

**Who?** This affects everyone on UC San Diego property, including students, faculty, staff and visitors.

**What?** The policy covers the use of all tobacco products including cigarettes, cigars, smokeless tobacco and electronic cigarettes.

**Where?** Tobacco use will be prohibited everywhere on campus and at properties owned or leased by UC San Diego. There will be no designated smoking areas on UC San Diego property. We ask that tobacco users be respectful of our neighbors and not congregate or litter on their property.

**When?** UC San Diego goes smoke and tobacco-free on September 1, 2013.

**How?** Enforcement will initially be educational. All students, faculty, staff and visitors are expected to abide by current policies.

**Will there be support for quit efforts?** All tobacco users who want to quit are encouraged to call the free **California Smokers Helpline at 1-800-NO-BUTTS**. Students may also obtain free tobacco cessation counseling and support including nicotine replacement from Student Health Services. Please visit <http://studenthealth.ucsd.edu> for more information.

**What can I do?** If you see someone using tobacco at UC San Diego, you can politely let them know that UCSD is a tobacco-free campus, and ask them to please refrain. Please visit our website, <http://smokefree.ucsd.edu>, for sample scripts in approaching someone who may not know the policy.



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For more information, please visit <http://smokefree.ucsd.edu>.